

Daily Word



AUGUST 1954

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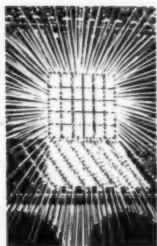
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The Light That

Shines For You



DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 61

AUGUST, 1954

No. 2

Inward Peace

ERNEST C. WILSON

O LOVING Father, as I turn to the conscious recognition of Thy abiding, I give thanks that Thou hast been and even now art a very present help; that Thy presence, which was with me from the beginning of my ways—before ever the world was—and will be to the ultimate fulfillment of being, is with me now every step of the way and in the steps that are just at hand.

In the midst of life's shadows, O loving Father, help me to find the light of Thy holy presence. Amid outward confusion and change

grant me the comfort of Thy divine order and changeless law.

Help me, O God, to find inward peace and tranquillity, a sense of oneness with those I love and who love me, the assurance that Thou art mindful of the needs of all and dost hold them in the safety of Thy matchless love.

Help me to know that Thy wisdom sees and guides where human wisdom falters, that Thy purpose works without stay or hindrance through the tangled maze of human thought and action to accomplish all that Thou hast envisioned from the beginning as being the goal and destiny of Thy children.

Here in the inward place of meeting in the heart I give my thanks that before we ask Thou dost answer, pouring out upon us Thy rich blessings, sustaining and upholding us in Thine everlasting arms.

Where I now dwell in the joy and comfort of Thy presence, may all men dwell.

As I now feel Thy presence near, may all men feel.

And may I take with me into the outer world of overcoming the calm contentment of Thy sure abiding.

In Jesus' name.

Amen.

I Changed at a Bus Stop

LOIS SCHUSTRA

A LONG time ago someone dear to me said,
"Don't ever change."

I was a young widow, just beginning a new life, a complete change from housewife to office worker. I had a small daughter to bring up. I had reached a point where I had conquered my hurt and loss and was gaining new hope and enthusiasm for the job ahead.

The years passed, and I was doing well—I thought.

I was self-sufficient, alive to all new things; but a copy of DAILY WORD in my hands then would have been thumbed through absent-mindedly, laid aside, and forgotten. At that time I had implicit faith in myself. I thought I needed no one or nothing else.

The sand of years slipped through my hourglass; slowly but insidiously the change came.

Externally I was the same. I was the typical businesswoman, beginning to buy more creams, more beauty aids, more material things to keep the illusion of youth.

I succeeded very well, until I discovered I was acquiring a malignancy of mind.

The malignancy was growing. I was beginning to resent all youthful employees who were coming into our office in a steady stream. We were expanding and hiring, and every day seemed to bring a rosy-cheeked, tender, new young thing.

I began openly to despise two older co-workers. My malignancy no longer was confined within my mind, but little festering sores of verbal hatred were breaking out now. I felt old, tired, and beaten; actually feeling ill at having to face a new day in company with those "especially hated two" and the "irritating others."

Like attracts like, so I had a friend with whom I shared my miserableness and bitterness. We spent evenings discussing our "office pains," but she, at least, was trying to recover, by mental "shots" (as she put it) from a booklet that she called *DAILY WORD*.

I was not impressed, nor was I too grateful for her generosity one evening, when we sat down at a bus stop and there beside us, on the cement bench, lay a *DAILY WORD*.

"There's that book!" she exclaimed happily, with italics sticking out in every word.

"O-oh," I replied dully, never having seen a copy and not interested in seeing one now.

"You take it; see what I mean about it," she beamed.

I looked at her dolefully, sheepishly took the booklet, hid it in my purse, and did not look at it till two days later.

Now—I would not be without it. My “hated two” and I had lunch together today. My youthful “others” I have learned to be very fond of. No one else has changed. It was I who needed to. I was at fault. I was able at last to have faith in myself (not ego; there is a difference), faith in the pattern of things, a new insight into others.

If things do not work out for me today, I believe that tomorrow they will; but even if they do not, I still will keep faith that God has other plans for me.

The first time I actually prayed—and I did it on my knees—I felt self-conscious. Now I find it is a part of me.

I am a 52-denier, Chanel No. 5 type of person on the outside, but even my outside is changing. I smile more, and I feel serene and untroubled. I am not given to oratory or testimonials, but I am giving one now.

I have changed, and the love and faith I have acquired through DAILY WORD and the study of Unity teachings have given me a calmness and happiness I have never known.

There is a little jelly and a tiny coffee stain on this month's DAILY WORD, but I would not leave

for work in the morning without reading the "day." So toast, coffee, and strength all are consumed together—body food and mind and spirit food.

Reading DAILY WORD and studying the Unity teachings is like learning the ingredients of an "atom of living." I never knew before how to tap the resources. Now I know.

I changed at a bus stop.

AN INVITATION

FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph or telephone at Baltimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

Help Without Delay

MARY L. KUPFERLE

NO MATTER what problem or difficulty you are facing today, God's answer is already on its way to you.

In the midst of inharmony or confusion, in the face of fear or grief, remind yourself that God's good, God's answer is already seeking you out.

God's help, which comes to us whenever we need it, may come through a friend, or it may come in the form of a stabilizing thought, a feeling of increased assurance, a renewal of courage. We do not always know what the channel for our blessing will be, or its method of reaching us, but we may be sure that the help we need in any given situation will reach us without delay.

God is the giver of all good. His blessings are never withheld but are poured out continually and abundantly upon us and our lives. Our part is to keep ourselves open and receptive to Him, to keep ourselves ready and willing to receive His good.

Whatever your need, whatever your desire—supply, health, happiness—it comes direct from the one source and it is made manifest for you as you keep your faith centered in God.

Are you hurt and unhappy about something or

someone? Ask for God's help and then be ready to receive.

As you listen in the silence, you will receive God's answer; you will receive the uplift, the wisdom, the courage you need. You will find the peace and satisfaction you have longed for; your mind and heart will be filled with confidence. And even as you become an open channel for the blessings of God, you will become a channel of good for the blessing of others. You will become a channel for praise and love, you will become a special messenger to bring happiness and joy to God's children.

Remember always that there are blessings for you. Open the door of your heart to receive them. Declare every morning, "God has blessings for me today!" He has! Prove Him now and receive your very own good.



Think of the power of a million people praying together!

Do you know that if every **DAILY WORD** subscriber would send **DAILY WORD** to just *one* other person there would be more than a million subscribers?

Why not add *one*, to make a million!

Class Thoughts

Used daily by Silent Unity

PEACE

In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS

Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.

ILLUMINATION

(11 a.m.)

Thou art the light of my life, and I trust in Thy guidance.

PROSPERITY

(12 noon)

I think and talk of God's prosperity eternally provided for me, and all my affairs respond with a steady inflow of abundance.

HEALING

(9 p.m.)

God is the light of my mind, the strength of my spirit, the health of my body. In Him do I trust.

OUR HEARTS FIND REFRESHMENT AND RENEWAL IN THEE, O LORD, AND OUT OF OUR RENEWED AND REFRESHED HEARTS, WE BLESS OUR FELLOW MEN.

SOMEONE has said, "Clouds must form and rain must fall over our lands and over our homes, and like a bird singing in the rain, let grateful memory recall, this is Thy blessing, Lord."

In almost every person's life some tension-forming situations, like clouds, will gather at times; but the blessedness of God's peace, like rain, brings refreshment and renewal.

A grateful memory that recalls His benefits, His compassion, His nearness, His understanding will sing and lift the troubled heart and mind.

Like a bird singing in the rain, let my grateful memory recall that these are my blessings, Lord. In the remembrance of Thy compassion and Thy grace I yield, I relax, I find my rest in Thee.

I have found my forgiveness, my rest, my understanding in Thee. Truly the remembrance of Thy presence is as a refreshing balm. I am renewed and restored.

♣ *So will we sing and praise thy power.*—PSALMS 21:13.

DIVINE ORDER AND HARMONY ARE NOW ESTABLISHED IN MY MIND, BODY, AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

I GIVE thanks now for divine order in all that concerns me today.

I bless my body with the thought of divine order. I give thanks that every part is harmonious, that every organ and function is fulfilling its purpose perfectly.

I bless my home with the thought of divine order. I see everything in its right place; I see every member of this household blessed, guided, and protected. I give thanks for the energy and the will to establish order where it is needed in my home today. I affirm that only divine order reigns.

I bless my work with the thought of divine order. I affirm that I have the time to do all the things that need to be done by me today, that I have the ability to handle whatever comes to me, that I have the wisdom and the ability to put first things first.

✿ *Establish them in every good work and word.*—II THESS. 2:17.

THROUGH CHRIST IN ME EVERY ATOM AND CELL OF MY BODY IS FILLED WITH AGELESS, DEATHLESS LIFE.

I AFFIRM that the infinite perfection of the Christ life is now filling my body.

I give thanks that the cells of my body respond and express more and more of the radiant Christ life.

I affirm that my body is manifesting more of the strength and vitality of the indwelling Christ.

I deny any belief in age. I know that it is not my age but my limited beliefs about life that cause my body to manifest weakness or deterioration.

I affirm that I am alive with the strong, vital life of Christ.

I affirm that I am a spiritual being, that every cell and atom of my body is composed of spiritual life, incorruptible substance, and radiant intelligence.

I give thanks that through Christ in me every atom and cell of my body is filled with ageless, deathless life.

✿ *And thine age shall be clearer than the noonday; thou shalt shine forth, thou shalt be as the morning.*—JOB 11:17 (A.V.).

AUGUST 4

Wednesday

I AM NOT DISTURBED BY WEATHER CONDITIONS. I AM CALM AND POISED AT ALL TIMES.

CALMNESS and composure, no matter what the weather are definite insulation against climatic conditions. We need not be affected by weather, for we can turn to Spirit within us, which gives us control of our feelings and reactions.

Those who discuss the weather negatively are most affected by it; those who agree with it in spirit never seem to be disturbed by it. All the forces of the mind and body respond to words of peace, poise, and calmness. As the spirit is calm and undisturbed by climatic conditions, so is the body comfortable.

We are endowed with the wisdom to act in ways that contribute to our comfort and ease. Let us use the wisdom that God has given us to care for our bodies. Let us use the strength that He has given us; let us keep calm and composed at all times.

We can remain calm and poised at all times as we keep our thoughts centered in God.

✿ *Let, I pray thee, thy lovingkindness be for my comfort.*—PSALMS 119:76.

I TRUST GOD AND JOYFULLY ADJUST MYSELF
TO ALL SITUATIONS.

“**T**is the set of the sails
And not the gales
That tells them the way to go.”

The way we think of our surroundings and opportunities determines the kind of life we lead. One who remembers at all times that he has inner resources he has never tapped, strength that he has never put to test, and gifts he has never developed to capacity is never dismayed by seeming adversity. He sets his sail according to the circumstances and continues his course unafraid. Many times the contrary winds help instead of hinder progress.

When all is smooth sailing we sometimes slip into an attitude of self-sufficiency, assuming that our successful voyage is the result of our own strength and judgment. Then, when the winds are unfavorable we become confused and we make mistakes. When we turn to God for guidance and strength we are always able to weather the storm, to keep on the right course.

☛ *They that go down to the sea in ships . . . see the works of Jehovah.*—PSALMS 107:23, 24.

I BELIEVE THAT "WITH GOD ALL THINGS ARE POSSIBLE."

IF, as you read these words, you are troubled at heart because of the condition of a dear one, stop reading, close your eyes, quiet your thoughts, and give him the blessing of your prayers.

Do you remember what Jesus said to the man who turned to Him in desperation for help for his son? He said strong and powerful words to him. He said: "If thou canst! All things are possible to him that believeth."

"If thou canst!" If you can set aside belief in appearances, if you can lift your thoughts above fear, worry, and sadness, if you can see your dear one as he truly is, God's own beloved perfect child, then you can affirm wholeness and health with real faith and conviction.

Remember that you are never alone in your prayers. Whenever you affirm, "I believe that 'with God all things are possible,'" Silent Unity stands with you, a hundred strong, declaring, "We, too, believe!"

☛ *All things are possible to him that believeth.*—MARK 9:23.

THROUGH THE CHRIST IN ME I AM FREE.

EMERSON said, "When half-gods go, the gods arrive." Are we "half-gods," bound in limitation, victims of our own wills and appetites? This may be the way we think of ourselves, but this is not how Jesus thought of men. He said, "Is it not written in your law, I said, Ye are gods?"

We do not need to remain in a state in which we are half bound and half free, a state wherein our personal will struggles with the spiritual self of us. We can become integrated human beings.

How do we become free; how do we realize our true nature? Jesus' answer is, "Ye shall know the truth, and the truth shall make you free." He also teaches: "Every one that committeth sin is the bondservant of sin. And the bondservant abideth not in the house for ever: the son abideth for ever. If therefore the Son shall make you free, ye shall be free indeed."

The Son in us is the Christ self of us, the self that abides forever. Through Christ in us we are free indeed.

✿ *Ye shall be free indeed.*—JOHN 8:36.

I AM ONE WITH GOD—WHOLE, PERFECT, AND FREE. ALL THAT GOD IS I AM. ALL THAT GOD HAS HE NOW GIVES TO ME.

I LIVE, move, and have my being in God. God lives, moves, and has expression in and through me. In this realization of eternal oneness with God I know myself to be whole. In this realization of oneness with God I know myself to be perfect.

In my realization of oneness with God I am free. I am free from fear, free from discord or disease, free from limitation. I am whole, perfect, and free.

In my realization of oneness with God I know this Truth: All that God is I am. God is life; I am living. God is love; I am loving. God is wisdom; I am wise. God is strength; I am strong. God is power; I am powerful. God is all good. I am all good.

In my realization of oneness with God I know this Truth: All that God has He now gives to me. Freely I receive; freely I give of the goodness of God.

☛ *And God said, Let us make man in our image.*
—GEN. 1:26.

I MEET EVERY SITUATION IN MY LIFE WITH
CALM TRUST IN THE CHRIST WITHIN ME.

I REALIZE that calm trust is the key to mastery, that as I remain quietly poised in all situations so will I become filled with the dynamic overcoming power of the Christ.

Nervous running to and fro can only dissipate and scatter my spiritual energies. Anxiety and worry interfere with my ability to think with cool, clear vision. But when I relax my tensions of mind and body by acknowledging and surrendering to the Christ in me, radiant ideas will flow into my consciousness and splendid healing energies will sweep throughout my body.

A quiet mind and heart is the key that unlocks the floodgate between my consciousness and the infinite storehouse of Christ goodness within me. At all times I remember that the quickest and surest way to contact Christ in me and to receive His unfailing help is to calm myself and quietly to declare His presence.

Quiet trust in God is the mightiest power in the universe.

✿ *In quietness and in confidence shall be your strength.*
—ISA. 30:15.

"THY WORD IS A LAMP UNTO MY FEET,
AND LIGHT UNTO MY PATH."

HAVE you ever had a decision to make and had so many different opinions and suggestions to influence your thought that you did not know what to do? Most of us have had this experience; and if we are not aware that there is a wise Spirit within to depend on, we may make a confused decision or become incapable of decision at all.

Any decision that affects us personally must come from within ourselves. And no matter how varied the opinions and suggestions of others are or how they may confuse our own thinking, when we quiet ourselves and remember that there is wisdom and executive power within we find that we are fully capable of right and wise decision, decision that takes us toward that which represents good to us.

When you have a decision to make keep in mind that you are capable of intelligent, positive decision through God's Spirit in you.

*Thy word is a lamp unto my feet,
And light unto my path.*

—PSALMS 119:105.

THE LOVING PRESENCE OF GOD IS INFOLDING AND PROTECTING THIS EARTH NOW AND FOREVERMORE. I HAVE NO FEAR. I TRUST HIM.

GOD created this earth, and His presence protects this earth forevermore. His love sustains and infolds it. No matter what gigantic proportions man's display of destructive activity may assume, I will not be afraid. I will remind myself that God's loving Spirit permeates every atom of creation and that His harmonizing presence in every living person will not permit the ultimate destruction of His handiwork.

I believe that the Spirit of God in our scientists is guiding them in their research and that His wisdom is guiding mankind in the proper control and use of the discoveries that this research brings forth.

Every time I am tempted to feel apprehensive I calm my fears by recalling the eternal words of Jesus, "Let not your heart be troubled," and "Lo, I am with you always, even unto the end of the world."

*The eternal God is thy dwelling-place,
And underneath are the everlasting arms.*
—DEUT. 33:27.

I ACKNOWLEDGE GOD AS THE SOURCE OF MY SUPPLY, AND HIS SUBSTANCE FILLS MY EVERY NEED.

THERE can be no lack of any good thing in my life, for I know that God, the good, is the source of all my supply. When I have a need for some good, regardless of its nature, I turn confidently to God and realize that He is as near to me as breathing, as immediate as my prayer, as available as my faith in His unfailing supply.

Quietly, confidently I think of His substance filling my life with the good I have asked for in prayer.

I am not anxious about the good I seek, for I know that God's willingness to give is even greater than my desire to receive.

I prepare my heart to receive my good by acknowledging all the good that is now present in my life. I realize that the greatest and the smallest benefits I enjoy all come from God.

With a thankful heart I acknowledge God as the source of my supply.

✿ *God shall supply every need of yours according to his riches in glory in Christ Jesus.—PHIL. 4:19.*

I LIVE IN PEACE AND HARMONY WITH ALL PERSONS.

“**B**LESSED ARE the peacemakers: for they shall be called sons of God.”

When we think only thoughts of peace, love, and good will, when we realize our oneness with God, we are free from strife and contention and we bless our environment, our family, our associates with our peaceful spirit.

Anyone can learn to be a peacemaker. The way is shown us in the teachings of Jesus, for He knew that peace is necessary to our well-being and happiness. “Be at peace one with another,” are His words. And we can learn to “be at peace one with another,” we can learn to say and do the things that bring harmony and understanding in human relations.

The scope of our influence is enlarged and our prayers for world peace are strengthened when we live in peace one with another in our everyday lives. Our families, our friends, our neighbors all are drawn into the circle of our peaceful benediction as we think and speak and act as peacemakers, as “sons of God.”

♣ *Blessed are the peacemakers.*—MATT. 5:9.

I KEEP MY THINKING POSITIVE AND CONSTRUCTIVE.

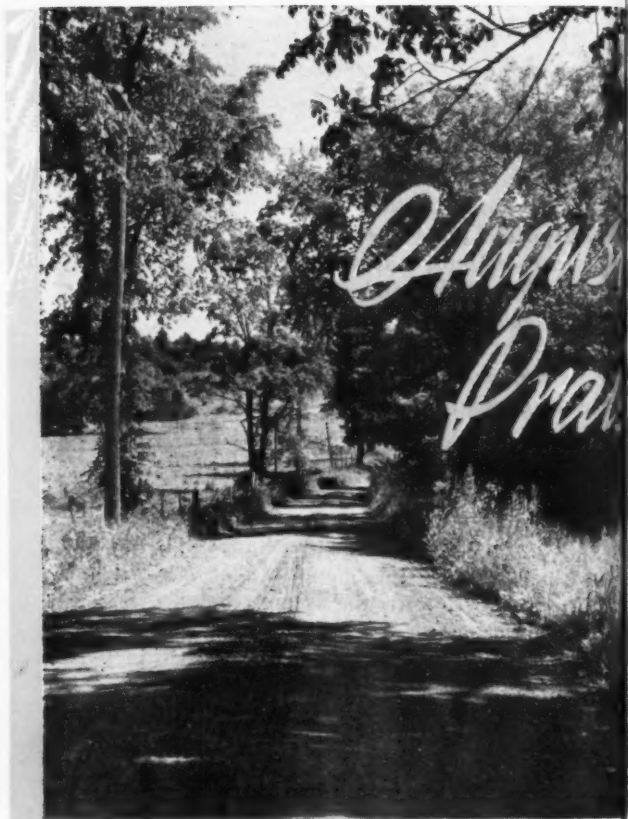
THE TEST of our power to think positively and constructively comes when we are confronted with some situation that seems to deny the Truth we have been affirming. Then it is that we must take a firm stand for Truth, then it is that we must take command of our thoughts and feelings; then it is that we must say with all our hearts, with all our faith, "There is only one presence and one power in the universe, God, the good omnipotent."

When we make a daily effort to think along constructive lines we build up spiritual power, and we find that we can stand strong and unshaken in the face of any appearance.

The habit of constructive thinking is built up little by little, day by day; but it is worth the effort we put into it, for by our thinking we form the pattern of our lives.

Let us know that we have the power to keep our thinking positive and constructive at all times, in all situations. Let us use this power that God has given us.

♣ *As he thinketh within himself, so is he.*—PROV. 23:7.



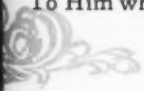
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August
Drive

ELEANOR HALBROOK ZIMMERMAN

Now August sleeps in thickets warmed with gold
Of all-pervading sun, and pears grow round,
And orchard grass and meadow flowers are bold,
And a lush beauty everywhere is found;
The air is fragrant with a thousand flowers;
First leaves are turning red upon the stem;
And earth in golden chalice lifts her powers
Toward harvest that shall be her diadem.

Rejoice, ye hills! Ye little vales, make known
Your praise to God; and singing in the night,
Hold fast the music, brook, that is your own
Of gentle winds and realms of splendid light.
My heart with you lifts up its song of praise
To Him whose love has patterned August days!



THE INDWELLING SPIRIT OF TRUTH GIVES
DIRECTION TO MY THOUGHTS AND GUIDES
ME IN ALL MY AFFAIRS.

I MEET the experiences of this day with joy and confidence, knowing that the Spirit of truth in me has the answer to every problem. Nothing is too simple or too complex for God.

The Spirit of truth guides me in business affairs. Trusting God, I make the right decisions. I find doors of opportunity opening before me. My business relations are harmonious, because I behold the Christ in my associates.

The Spirit of truth gives direction to my thoughts. I reject all negative suggestions and keep the channel open for clear, positive, constructive ideas. I think thoughts of Truth.

The Spirit of truth leads me to higher planes of spiritual understanding. Each day I see new beauty about me; I enjoy new blessings; I find greater joy in God's presence. I look through and beyond any seeming lack and see God's abundant resources everywhere, waiting to be claimed and used.

✿ *When he, the Spirit of truth, is come, he shall guide you into all the truth.*—JOHN 16:13.

I DO NOT LET MYSELF BECOME ANTAGONISTIC TOWARD OTHERS. I KEEP MY MIND ON THE CHRIST IN EVERYONE.

I KEEP myself in constant agreement with the Christ in my fellow men. Regardless of race, creed, or color I harmonize with the Christ that dwells in all.

Whenever I feel tempted to become disturbed by some outer difference or eccentricity in another, I immediately regain my loving composure by mentally recognizing the Christ, the perfect self, in this one.

I silently declare, "I behold the Christ in you. I love the Christ in you," and I keep declaring it until my heart responds with a feeling that matches my declaration.

Antagonism of any kind should be overcome; for if I allow it to grow in my consciousness, it will affect my health, my peace of mind, my efficiency. Therefore, with God's help, I resolve to replace every antagonistic thought or feeling with this realization: I behold and love and trust the Christ in all men. I rejoice in my oneness in Spirit with all God's creation.

♣ *Agree with thine adversary quickly.*—MATT. 5:25.

I AWAKE AND LIVE.

WHEN life seems routine and dull to us it is because we are drifting along in habits of thought and activity that give us no real challenge. We are drifting along in a half-awake condition.

There is far more to all of us than we ever arouse and utilize. We not only do not exert ourselves to full capacity, but we miss the wonder and joy that life has to give. To awake is to revolutionize the pattern of our lives.

There is a responsive Spirit in all of us. When we take the attitude of arousing ourselves to greater awareness of all that we are and all that life is, we find ourselves capable of joy in living. We awake to the unrecognized and unused potentials in ourselves. We awake to the variety of interesting things to be done in our world. We awake to the needs of others. We awake to the spiritual richness of human associations. We awake to appreciation of the creative efforts of others that lend so much value to our personal lives. And most important of all, we awake to our spiritual selves; we awake to the Christ in us.

♣ *Awake, thou that sleepest.—EPH. 5:14.*

I GIVE THANKS THAT I AM IN MY RIGHT PLACE.

EACH of us desires to live and work in his right place. There is no place where God is not; but if there is some place where we are needed, where we can fulfill God's purposes and plan for us, we will find it and know it by seeking guidance through prayer.

There is a place for us where we can best serve others and best develop the divine qualities within ourselves. And whatever is best for us will not deprive another person of his rightful place. Each one is needed and necessary to God's perfect plan for His children.

Wherever we are God is. It is more important qualities within us than it is to seek to find some that we seek to know God and to develop His different place in life. When we show our love for God and our faith in Him by doing the best we can where we are, we are certain to grow to fill our present position, or we will outgrow it and move into a different place.

When, through prayer, we feel our oneness with God we shall be rightly placed.

☛ *A man's gift maketh room for him.*—PROV. 18:16.

I WITNESS THE GLORY OF GOD IN ALL I SEE,
HEAR, AND EXPERIENCE.

GOD IN all His glory is everywhere present. He is manifested in the sunlight gently touching a blooming meadow and in the lightning flash and thunder of a mighty storm. His voice is in the lark's sweet trill and in the great orchestral singing of a symphony. He is in the hand of a friend, outstretched in greeting, in the words of a lyric poet, in a United Nations conference.

He is everywhere; today I look to see Him, no longer taking His presence for granted, but feeling Him close at hand on every side and thrilling to His omnipresence.

No task can be monotonous when I am conscious of His wondrous nearness. Nor can any task be done in a slipshod manner. I polish the cup to His glory, write the business letter with professional accuracy, pound the nail in straight; I do everything as unto Him.

I see God, whether I lift my eyes to the hills or walk cross a busy street. I hear His voice in every sound. I meet Him in all men.

♣ *The heavens declare his . . . glory.*—PSALMS 97:6.

I DO MY WORK EASILY, SWIFTLY, EFFICIENTLY, FOR I LET GOD'S SPIRIT WORK IN ME AND THROUGH ME.

I WILL not think of myself as being slow, as being unable to accomplish the tasks before me. I will remember that I have the intelligence of God, that I have the Spirit of God in me. I will give thanks that I have the ability to act decisively and quickly when such action is needed. I will give thanks that through the power of God working through me I can accomplish every task easily, efficiently, and on time.

I set no limits upon my God self. I let go of old habits of thought, old work habits, and start today to give expression to the divine powers within me.

Spirit in me is swift in action. Spirit in me is intelligent. Spirit in me inspires good judgment. Spirit in me enables me to concentrate on the task at hand and to follow through efficiently on whatever is my particular job.

This day I do my work easily, swiftly, efficiently. This day I do all things as unto the Lord, so I do all things well.

✿ *Even so run; that ye may attain.*—I COR. 9:24.

I BELIEVE IN GOD'S DIVINE JUSTICE. I KNOW
THAT MY OWN CANNOT BE WITHHELD.

IN A situation where it appears that our good is being withheld from us or that someone is treating us unjustly, let us not give way to feelings of condemnation; let us not allow ourselves to become upset or disturbed by the situation.

We can keep ourselves centered and poised in the calm peace of Spirit by affirming: "I believe in God's divine justice. I know that my own cannot be withheld from me under divine law. I give thanks that that which is right and true is now being revealed to me and to all concerned in this situation."

As we affirm this over and over until we regain peace of mind and composure of spirit, we shall then be able to dismiss the situation from our thoughts with sure faith in a right outcome.

We shall not be surprised at the right answer that is revealed, for no other can come when Spirit is truly relied upon.

Let us believe in and affirm God's divine law of justice.

✿ *It is joy to the righteous to do justice.*—PROV. 21:15.

I BEHOLD THE GOOD EVERYWHERE, AND MY SIGHT GROWS STRONG, CLEAR, AND TRUE.

GOD, the good, is the only presence and the only power in the universe. God, the good, is everywhere present. Then, God, the good, is everywhere for me to see.

I no longer look for faults in myself and others; I no longer look for evil in the world. I look for God, the good. I keep my "eye . . . single" to the good, the true in all persons, all places, all things.

I know that my eyes are the windows through which the Christ light can shine upon the world and make all that is good clear to me. I let my light shine by beholding only the good, and I see clearly.

When the good is evident I give thanks that it is easy to see. When the good is hidden I behold it with eyes of faith.

I bless my eyes and give thanks for their ability to see clearly. My eyes are instruments of spiritual vision that cannot be dimmed or limited. I relax and let Spirit see through my eyes, and my vision is clear, strong, and true.

♣ *If therefore thine eye be single, thy whole body shall be full of light.*—MATT. 6:22.

THE WAY IS OPEN BEFORE ME. I GO FORWARD
WITH A CONFIDENT SPIRIT.

LIFE is truly an open door. If we are to experience all the good of which we are capable, we must think of life as an open door, we must continually go forward with a confident expectant spirit.

There are opportunities before us for greater peace, greater happiness, greater accomplishment than we have yet known.

Let us go forward in faith; let us leave behind us all the limitations and all the hindrances of the past.

Life is made up of many, many experiences. The future stretches before us with limitless possibilities. All that has gone before has helped to prepare us for the larger good that awaits us, that God has prepared for us.

Let us open our minds and hearts to God; let us be willing to use our powers and capabilities; let us consecrate our wills to His will.

The way is open before us. Let us go forward with a confident spirit.

♣ *Behold, I have set before thee a door opened, which none can shut.*—REV. 3:8.

I "PUT AWAY CHILDISH THINGS" AND MEET
THE CHALLENGE OF GROWTH.

IF WE are to be responsible, productive persons, most of us find that there are times in our experience when we must face up to our immature attitudes and put them away. We must quit getting our feelings hurt; we must quit harboring self-pity; we must quit withdrawing from constructive participation in life because we want to avoid the challenge of growth.

Will power alone is not enough. We must develop a spiritual maturity that enables us to associate freely with others without feeling competitive or defensive.

When we recognize that because God's Spirit is within us we have all that we need in order to function in life as capable, distinctive persons, we no longer feel competitive or defensive. Our thought about our own capability and worth permits us to meet the challenge of living and working with others with adult attitudes of mind. We have the maturity of thought that enables us to "put away childish things."

• *Now that I am become a man, I have put away childish things.*—I COR. 13:11.

GOD'S LOVING, COMFORTING, SUSTAINING SPIRIT INFOLDS ME AT ALL TIMES AND FILLS MY HEART WITH PEACE AND STRENGTH.

THERE IS within me a Spirit that is mighty to sustain and strengthen me in every experience. This Spirit is the Spirit of God. Through this Spirit I find the strength and the understanding that lift me up and bring me peace in times of trial and sorrow. There is no grief or burden I must bear alone, for God's Spirit is within me to uphold me and to bless me with the poise and the courage to meet all things.

Even though I may not be able to understand the reason for all things, I find peace and comfort in the realization that God's loving Spirit is with me and with those I love.

In the realization of the indwelling Spirit I find the faith to let go of doubt and fear and I am able to center my attention on the way that is before me.

Through God's Spirit in me I have much to give. As I give expression to love and faith and joy, I am a blessing to others; and I am blessed. day by day, with courage, strength, and peace.

♣ *Whither shall I go from thy Spirit?—PSALMS 139:7.*

"THOU OPENEST THY HAND,
AND SATISFIEST THE DESIRE OF EVERY
LIVING THING."

WHAT is the deepest desire of your heart? Is there a deep desire you have had for a long time that perhaps you have not even put into words? If you have such a desire, have you ever really taken it to God in prayer? God is understanding of your needs, as compassionate as a loving human father, but more so.

Jesus understood the love and compassion of God so well that He said: "What man is there of you, who, if his son shall ask him for a loaf, will give him a stone; or if he shall ask for a fish, will give him a serpent? . . . how much more shall your Father who is in heaven give good things to them that ask him?"

As we learn to take our most secret longings to our heavenly Father in prayer, we realize that we do not need to feel lonely, weary, or unsuccessful.

What does successful prayer require of us? Only that we become as little children, taking our problems to God, knowing it is His good pleasure to lead us into the fulfillment we seek.

♣ *Thou . . . satisfiest the desire.*—PSALMS 145:16.

"THE LIGHT OF GOD SURROUNDS ME;
THE LOVE OF GOD INFOLDS ME;
THE POWER OF GOD PROTECTS ME;
THE PRESENCE OF GOD WATCHES OVER ME;
WHEREVER I AM GOD IS."

THIS is a prayer that has been used for a number of years by Silent Unity as a special benediction; it has been used by soldiers on the battlefield; it has been used by travelers on land, in the air, on the sea. It has been used by people everywhere with so much love and faith that the words have taken on great spiritual significance.

Today think about these words. Let them be in your mind and heart through all the hours of the day. To remember them will give you a strong, clear realization of the presence of God, of His light, His love, His power.

His light makes bright every step of your way. His love fills your heart and radiates from you to bless and to attract blessings. His power is a mighty bulwark against fear or uncertainty; it is your stay and your support.

♣ *The place whereon thou standest is holy ground.*
—EXOD. 3:5.

AUGUST 28

Saturday

THANK YOU, GOD, FOR GIVING ME PATIENCE,
WISDOM, STRENGTH, AND INSPIRATION.

EVERY parent could well begin his day with a prayer similar to this one, for certainly no role in life calls for so much patience, so much wisdom, so much strength, so much inspiration.

Children need wise direction; they need to be encouraged to grow and to develop their innate power. It may seem that children resist authority, that they rebel against restraint; but actually they long for wise direction, they feel the need of authority as much as they feel the need of love.

Parents need an extra measure of patience, an extra measure of strength; they need the inspiration that enables them to see that the child's struggle is not really against them or authority, but that it is the struggle of the growing and unfolding soul.

The wise parent knows that deep within all persons is a Spirit that recognizes Truth and right, the wise parent never loses faith in this Spirit in the child or in himself.

✿ *Train up a child in the way he should go.*—PROV. 22:6.

AS I TURN MY ATTENTION TO THE CHRIST WITHIN, MY CONSCIOUSNESS IS ILLUMINED WITH LIGHT.

I HAVE within me spiritual ideas capable of helping me solve any situation before me. I lay hold of these ideas by turning my attention to the Christ within, by opening my consciousness to light.

When I turn my attention to the Christ within every need in my life is filled to overflowing with divine goodness.

When in doubt I turn to the Christ in me, and guiding light shines on my way.

When in fear I turn to the Christ in me, and a sense of peace and calmness flows into my heart.

When in pain I turn to the Christ in me, and healing life flows throughout my body.

When in discouragement I turn to the Christ in me, and new courage flows through my veins.

Whatever the need, the fulfillment is to be found in the Christ in me. As I turn within and open my consciousness to Him, blessings flow into my life.

✻ *Return unto me, and I will return unto you, saith Jehovah.—MAL. 3:7.*

AUGUST 30

Monday

I HAVE FAITH THAT "ALL THINGS WORK TOGETHER FOR GOOD."

WHEN WE are disappointed in the out-working of a situation, it is difficult to see in what way it is good. This is the point in our experience when we must hold to the promise, "To them that love God all things work together for good." Anyone who takes this attitude discovers that in his willingness to see where the good lies he gains a larger vision; his understanding is increased.

In one way or another, everything in our experience contributes to our good. But we must realize this in order to accept the good that is present. Otherwise, when trying experiences come we may reject the good and develop bitter and cynical attitudes that deny us the joy and satisfaction of soul growth.

It takes patience and faith to hold to the truth that "all things work together for good." But no effort is more rewarding. For when we expect good and look for good we identify ourselves with that which we want. And what we identify ourselves with is what we experience.

✿ *All things work together for good.*—ROM. 8:28.

I MAKE FULL USE OF MY SPIRITUAL RESOURCES.

I KNOW that God's unlimited resources are freely offered and that I have access to all that I am able to use. Therefore, I refuse to tolerate any thought of lack or limitation. Daily I seek out new ways to call forth and to make use of God's good.

Each day I find persons who need love and kindness. I bless and pray for those who find life hard because they do not fully understand God's law of love. I forgive and bless any who have given me pain.

Each day I stir up the gifts within me and create some new good. I exercise my faith in every undertaking. I know that no task is impossible with God's strength and guidance.

Each day I pray in the silence and receive new ideas for service and power.

Each day I strive for more efficiency in my daily tasks. I depend on His wisdom and guidance when decisions must be made and rely on His strength when I need to rise above obstacles and disappointments.

☛ *God is our refuge and strength.*—PSALMS 46:1.

This Month IN UNITY

Book Title Changed

Unity has found that many persons are led by the title of the book *Letters of Myrtle Fillmore*, to think the book contains only personal letters. Actually it is composed of Mrs. Fillmore's answers to persons who wrote to her in search of help. These letters are truly healing messages that will aid anyone to remedy undesirable conditions and find a richer, fuller life. To make it plain what this inspiring book contains, its title has therefore been changed to *Myrtle Fillmore's Healing Letters*. The book is priced at \$1 a copy.

Third Term of Training School

The third term of the Unity Training School will begin August 2 and close August 27. A staff of excellent teachers has been assembled from Unity headquarters as well as from Unity centers across the country, and you will find attendance at the Training School a real inspiration. Make plans to attend now. Reservations should be sent in as soon as possible. For registration blanks and complete information, write to the Registrar,

Unity Training School, Unity School of Christianity, Lee's Summit, Missouri.

New Edition of a Favorite

In only three years more than twenty thousand persons have ordered *The Household of Faith*, James Dillet Freeman's commemorative biography of Charles and Myrtle Fillmore. This book is twice the size of the standard Unity books, and is a de luxe edition with colored photographs and special features. It has always been priced at \$5.

Now, so that even more persons may learn to use the Truth principles through this inspiring account of the founding and growth of Unity, the book is being brought out in an abridged edition priced at only \$1. Entitled *The Story of Unity*, this edition offers the full text by Mr. Freeman. It does not include, however, the selected articles by Charles Fillmore and the other special features of the de luxe edition.

If you have not read Mr. Freeman's inspiring account, you will surely want a copy of *The Story of Unity*. And for friends to whom you wish to introduce Truth, *The Story of Unity* will be an inexpensive and welcome gift. Order several copies today. *The Story of Unity* is \$1 a copy.

(For those who wish a de luxe book, *The Household of Faith* continues to be offered at \$5.)

DIRECTORY OF UNITY BOOKS

(These books are \$1 each unless otherwise stated)

FOR BEGINNERS

A More Wonderful You
Beginning Again
Favorite Unity Radio Talks
God a Present Help
God Is the Answer (*Dutch or English*)
How I Used Truth (*German or English*)
Lessons in Truth (*Italian, English, French, German, Russian, Spanish, Dutch*)
Lovingly in the Hands of the Father
Myrtle Fillmore's Healing Letters
New Ways to Solve Old Problems
Peace Begins at Home
Prove Me Now
The Great Physician
The Story of Unity
Things to Be Remembered
Whatsoever Ye Shall Ask

FOR HEALING

Christian Healing (*English or German*)
Divine Remedies
Jesus Christ Heals
Truth Ideas of an M.D.
You Can Be Healed (*English or Swedish*)

FOR THE HOME

You and Your Child (*English or French*)

FOR PROSPERITY

As You Tithe So You Prosper (50¢)
Both Riches and Honor (*French or English*)
Prayer in the Market Place
Prosperity
Prosperity's Ten Commandments
Working with God

FOR INSPIRATION

Best-Loved Unity Poems
Be of Good Courage
Mightier than Circumstance
Prayer Changes Things
The Household of Faith (\$5)
The Sunlit Way

FOR DEVOTION

Bible, American Standard Edition (\$6.50)
Book of Silent Prayer (50¢)
Keep a True Lent
Effectual Prayer
The Silence (50¢)

FOR ADVANCED STUDY

Atom-Smashing Power of Mind
Christ Enthroned in Man
Have We Lived Before?
Know Thyself
Let There Be Light (\$2)
Metaphysical Bible Dictionary (\$5)
Mysteries of Genesis
Mysteries of John
Selected Studies
Talks on Truth
Teach Us to Pray (*English or French*)
The Twelve Powers of Man
What Are You?

FOR CHILDREN

Adventures of the Seven Spartans
Barky and His Friends
Crybaby Kangaroo
Jet's Adventures
Jet and the New Country
Jet's Choice
Teach Me to Pray
Thank You, God

How I Found Help

"Among some things that came into my shop recently were three *Unity* magazines dated in 1929 and 1930, which are of course out of print now. I read the first, and knew I must read the other two also. Reading these magazines more than twenty years after they were published could seem a little ironical when I realize that they could have made glorious the troubled road I have trod during that period.

"*Unity* clarifies so much that has been bewildering and at times heartbreaking. Illness, friction in family life, and business disappointments have seemed to stalk my every hope and effort. Today, instead of asking a seemingly unhearing God for an answer, instead of wondering what is wrong with life as it touches me, I am now understanding that I live and hope and touch the lives of those around me.

"If three little aged, yellowed, soiled copies of *Unity* can give me such peace and hope, I want all there is to know, study, and live; so please let me have all information available. I know now that I am not 'crying in the wilderness' any more."

UNITY Magazine, \$1 a year

UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

Announcing

LESSONS IN TRUTH WEEK

September 13 to 19

Are you a person who is not as happy, as prosperous, as healthy as you should like to be? Are you inclined to believe that God has not heard your prayers? Then perhaps you need, above all else, a new and deeper understanding of God. This understanding can be yours, if you join Truth students all over the world in observing Unity's annual Lessons in Truth Week, September 13 to 19.

Simply by reading and studying for one week the basic Unity textbook *Lessons in Truth*, by H. Emilie Cady, you will gain a new conception of God that will enable you to change your attitudes toward life and equip you to meet it with faith and confidence.

Send for your copy of *Lessons in Truth*, priced at \$1, today; with it, you will receive a free copy of *The Lessons in Truth Study Guide* which gives Bible references and an outline for each day's study. If you already have the book, the study guide will be sent you free on request.

UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

STEP OUT TOWARD PROSPERITY

If a financial problem confronts you, you cannot solve it by sitting on a mental fence of dread and indecision. Face the problem, surrender it to God, and then take steps toward solving it. One step in the right direction is to send for a Prosperity Bank and begin using the drill that comes with it. Silent Unity will pray with you as you meditate each day and save to send **DAILY WORD** to others. By praying and sharing you hasten your own demonstration of prosperity. Fill in the coupon below and order your Bank today from:

UNITY SCHOOL OF CHRISTIANITY Lee's Summit, Missouri

Here is my order for three **DAILY WORD** gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

1. Name _____
Street _____
City _____ State _____
2. Name _____
Street _____
City _____ State _____
3. Name _____
Street _____
City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. DW-8-54

HOW TO GET ALONG WITH PEOPLE

Do you know some young person who finds it hard to get along with people? Perhaps he feels that his teachers are too strict. Or perhaps he is in his first job, and his new associates seem to rub him the wrong way. Or perhaps he simply cannot make friends as readily as he would like to do.

If you know a young person who is troubled by any of these common problems, you can help him by sending him a subscription to *You* magazine. Especially designed for teen-agers, *You* contains numerous hints on getting along with others. For instance, in this month's *You* is a story, "The Blessing Brigade" by Dorothy Rose, which tells how a secretary learns to understand her boss and see the good in him, although she had thought he had not a single good trait.

You also includes advice on many other problems of modern youth. Its stories, poems, articles, and departments are all up-to-date and intensely interesting to any teen-age boy or girl. Send a *You* gift subscription today; a year with *You*—12 issues—is priced at \$1.

UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

Love's Omnipotence

JAMES DILLET FREEMAN

Sometimes I think how little I know me.
I am the unexplored, for the most part;
I stand, as it were, on the edge of a wide sea,
And the sea I gaze upon is my own heart.

For I have other dimensions and am more
Than I have judged I was from surface seeing;
This face, this body—these are but the shore;
How far beyond them stretch my seas of being!

I have thought I was an island, a rocky shelf
Of separateness, but the eternal deep
Forever breaks across my reefs of self.
In me and over me and through me sweep

The seas of God, and often now I sense
That I am one with love's omnipotence.

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